“When the cannons roar, are the muses silent?”

Dreaming across borders:
An online SOCIAL DREAMING event in AUGUST-SEPTEMBER 2022

We’d like to tell you about a new initiative in Social Dreaming, which may be of interest to your group or organisation. This creative and thought provoking project uses a methodology that can open up new visions and new ways of thinking about our complex social realities. It is led by three experienced staff members who are participating in an international training programme for hosting Social Dreaming events. On this occasion we are able to offer the workshop free of charge.
WHAT IS SOCIAL DREAMING?

Social Dreaming is a cross-disciplinary methodology used by professionals in many disciplines including social science, psychotherapy, management, humanities, science, and the arts. In short, it’s used by all professions concerned with people, and their personal or occupational wellbeing.

Its stance is exploratory - finding ways to inform our understanding of the communities, society or organisations surrounding us and of the roles we take up.

WHY SOCIAL DREAMING? 5 GOOD REASONS TO EXPERIENCE IT:

1. Dreams are not an illusion, but a part of the individual and social reality.
2. Dream-thinking is a part of our thinking even when we are not aware of it.
3. In the SDM we are going to explore collectively links between the finite and infinite, between the known and unknown, between conscious and unconscious.
4. The SDM allows participants an experience to be in the “unknown”, in order to mobilise the thinking capacity of the participants and to release their creativity.
5. The SDM offers the potential and opportunity to reflect about new and creative ways of action in our complex social reality.

SOCIAL DREAMING MATRIX (SDM)

Sharing, associating to and working with dreams in a matrix in order to identify social trends and social dynamics, was pioneered and developed by Gordon Lawrence and his colleagues at the Tavistock Institute and Tavistock Clinic in the 1980s.

WHO IS THIS FOR?

People interested in making use of Social Dreaming as an experiential tool for thinking and communicating about social and organisational issues. Participants should be willing to share dreams, thoughts and associations. No previous experience or knowledge is required.

The Social Dreaming event is not a therapeutic tool. The dreams will be used only to think about the social and organisational context and not for individual interpretations. For this reason, as soon as a dream is shared it is seen as belonging to the matrix and not to the person sharing it. In this way we pay attention to the dreams that emerge in the matrix and not to the dreamer or person who shared them.
FACILITATORS:

**Erika Speičytė Ruschhoff**  
(Lithuania)
Organisational consultant and Gestalt practitioner across the health, social care and educational sector in Lithuania and abroad. Lecturer and researcher at the University of Vilnius, Institute for Sociology. Co-founder and former board member of Lithuanian Group Relations Society. Group Relations practitioner and staff member of international Group Relations Conferences in Lithuania and abroad. PhD candidate Essex University and Tavistock & Portman NHS Foundation Trust London (UK).

**Boaz Gesthalter**  
(Israel)
Licensed Clinical Psychologist and Organisational Consultant, Private clinic in Tel-Aviv. Supervisor in Clinical Psychology. Board member in Triest-Sarig Clinic, member of The Committee for Clinical Psychology in The Israeli Ministry of Health. OFEK member (The Israeli Group Relations Organisation), working as a consultant in Group Relations conferences, working with organisation teams and managers across the Mental Health, Social care, Educational and Law sectors in Israel and abroad.

**Cosmin Chita**  
(Switzerland)
Psychiatrist, Psychoanalyst and Group Analyst. Board member in the Swiss section of the European Federation for Psychoanalytic Psychotherapy (EFPP), working in his own practice in Zurich.
**SETTING:**
- 27th, 28th August - 3rd, 4th September 2022;
- 4 Social Dreaming Matrices, each lasting 1½ hours;
- Up to 20 participants; 3 facilitators;
- Online via Zoom platform; link will be shared only with the registered participants;

**FREE OF CHARGE:**
There are no fees involved since we are conducting this SD event as part of a SD training programme. Nevertheless we invite you to donate for UKRAINE HUMANITARIAN FUND via GoFundMe - https://gofund.me/2d6e2906

**FURTHER INFORMATION:**
if you have further questions please don’t hesitate to contact Erika Speičytė Ruschhoff via Email erika.speicyte@gmail.com or via Messenger.

**SUPPORT:**
This Social Dreaming event is supported by organisations listed below as a requirement of the international training for hosts of Social Dreaming:
SDiN
https://socialdreaminginternational.net/

**In partnership with:**
TIHR (UK)
https://www.tavinstitute.org/

IL NODO GROUP (Italy)
https://www.ilnodogroup.it/en/

NIODA (Australia)
https://www.nioda.org.au

**TRAINING:**
If you are interested in an international training as host of Social Dreaming, for more information and the actual brochure click the link below:

**REGISTRATION:**
Please register for the event by filling in the registration form no later than by 25th August 2022.